BEYOND STIGMA: Developing Workable Behavioral Health Policies

SCHOOL OF LAW
LESAR LAW BUILDING – MAIL CODE 6804
SOUTHERN ILLINOIS UNIVERSITY
1150 DOUGLAS DRIVE
CARBONDALE, ILLINOIS 62901

REGISTER ONLINE BY MAY 10

Accreditation
CME This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Southern Illinois University (SIU) School of Medicine, SIU School of Law and Southern Illinois Healthcare. The SIU School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.
CNE The SIU School of Medicine designates this live activity for a maximum of 7.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
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Disclosure Policy
It is the policy of SIU School of Medicine, Continuing Professional Development, to ensure balance, independence, objectivity, and scientific rigor in all its educational programs. All faculty participating are expected to disclose any real or apparent conflicts of interest related to the content of this presentation so that such conflicts can be resolved during the planning process.

Intended Audience
This program is intended for physicians, nurses, psychologists, counselors, social workers, and other healthcare providers, healthcare administrators, attorneys, law enforcement, educators, academicians, and students interested in health and health policy, as well as patient advocates.

Disability-Related Assistance
Individuals with disabilities are welcomed. Call 618/453-5738 to request accommodations.

Support
This program is supported, in part, by unrestricted educational grants from Southern Illinois Healthcare, the SIU School of Law, First Health Medical Provider Class represented by St. Chapman LLC, Meyer Capel, and Sandberg Phoenix & von Gontard P.C.

CLE - 7.0
CME - 7.0
CNE - 7.0
CE - 7.0

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20TH ANNUAL
SIH/SIU Health Policy Institute
MAY 17, 2019

LIVE SITE:
SIU School of Law, Carbondale, Illinois
INTERACTIVE SIMULCAST SITES:
Illinois State Bar Association Chicago Office, Chicago, Illinois
Memorial Center for Learning and Innovation, Springfield, Illinois
The prevalence of mental health conditions is on the rise, and suicide is the 10th leading cause of death in the United States. Nearly 45 million adults in America currently struggle with mental illness. But adults are not the only individuals impacted by these conditions. Behavioral health disorders also affect millions of children and adolescents. Despite the growing numbers living with mental health challenges, more than half receive no treatment due to stigma, lack of insurance coverage, cost, and no access to providers. This care gap creates at tremendous cost to both individuals and society through loss of life, homelessness, poverty, unemployment, crime, and physical health impacts. It harms our institutions and all sectors—from healthcare to education, and from prisons to workplaces.

To aid in identifying both the deficiencies and the solutions, the 2019 Southern Illinois Healthcare/Southern Illinois University Health Policy Institute seeks to create an informative and engaging arena at addressing America’s mounting mental health dilemma.

**OVERVIEW**

### Objectives

At the conclusion of this educational program, participants will be able to:

1. Describe the scope and impact of mental illness on society, as well as the particularized impacts on marginalized populations.
2. Identify ethical issues, including autonomy, cultural perspectives, and stigma.
3. Comprehend how various solutions from the legal, policy, and treatment arenas feed into the creation of practical and effective strategies.
4. Be more self-aware of professional stresses and the need to seek assistance; and
5. Participate more effectively in dialogues related to behavioral health policies on the national, state, and local levels.

### Presenters

**Tom Dart**

Cook County Sheriff

Tom Dart, J.D., has combatted challenges resulting from aggressive public policy that he considers inequitable to challenging injustice and bringing a thoughtful approach to the role of a prosecutor and an Illinois state legislator. He ran for Cook County Sheriff in 2006, promising to bring his reformatory vision to the role. Sheriff Dart has had a national spotlight on the perils of the criminalization of mental illness. He has helped to fill the void left by mental health treatment centers closing in Chicago with necessary care and mental health treatment programs for those impacted by the criminal justice system, including individuals who were upset outside of the jail. Sheriff Dart and his work were profiled in a CBS 60 Minutes segment in 2017 that examined his innovative and reform- driven policies as a sheriff. In 2017, Governing Magazine named Sheriff Dart a Public Official of the Year, and Time Magazine named him one of the 100 Most Influential People in the World in 2009.

**Amy Swearer**

Amy Swearer, J.S.D., is a senior legal policy analyst at the Heritage Foundation’s Edwin Meese III Center for Legal and Judicial Studies, where she focuses on Second Amendment policy. She is the co-author of seven recent Heritage Legal Memoranda analyzing the intersection of mental illness and firearm-related violence. Ms. Swearer received her bachelor’s degree in criminal justice from the University of Nebraska and her law degree from the University of Nebraska College of Law.

**Elaine Cheung**

Elaine Cheung, Ph.D., is an assistant professor in the Department of Medical Social Sciences at Northwestern University. She received a B.Sc. in Human Development from Cornell University and an M.Sc. (Ph.D. in social psychology from University of British Columbia. Prior to joining Northwestern, she completed a National Science Foundation Social, Behavioral, and Economic Sciences postdoctoral fellowship in the Department of Medical Social Sciences at Northwestern University’s Feinberg School of Medicine. Her research investigates the factors that promote psychological adjustment and empathy in the context of stress, as well as the development and implementation of psychosocial interventions for people coping with serious life stress.

**Robert Bailey**

Rahm K. Bailey, MD, FAPA, ACP

Rahm K. Bailey, MD, FAPA, ACP, is a psychologist with more than 10 decades of caring for the mentally ill, (treating the homeless, veterans, and those with serious mental illness) and advocating for those without proper health insurance/financial support, and researching issues that lead to unnecessary violence. He has served as Chairman of the Department of Psychiatry of Meharry Medical College, Wake Forest Medical School, and the National Medical Association. Throughout his career, he has served in a multitude of roles and settings, managed numerous multi-disciplinary professionals, and led organizations to increased productivity. Dr. Bailey’s research efforts have included: psychotic disorders, depressive illness and types of depression, forensic medical health topics, health disparities, healthcare reform. He has authored peer-reviewed publications, published two books and four book chapters, and given innumerable presentations. Bailey graduated from Morehouse College with honors and medical school at UTMb with research in hematology, did postgraduate work in Houston as the Chief Resident and completed a fellowship in Forensic Medicine at Yale University.

**Thomas P. Conley**

Thomas P. Conley, J.D., is a partner in the law firm of Saul Ewing Arnstein & Lehr LLP. He practices in the firm’s Business and Finance and the Healthcare Practice Group. He concentrates on healthcare, government agencies, and regulatory compliance. Mr. Conley is a past president of the Illinois Association of Healthcare Attorneys, has chaired the Illinois State Bar Association’s Health Care Section Council and the Chicago Association to Health Care and Hospital Law Court, and serves on the Illinois State Bar Association’s Standing Committee on Legislation and on the American Society of Medical Association Counsellor’s Continuing Legal Education Committee. He is a graduate of DePaul University College of Law and Carleton College.

**Kanika Bell**

Kanika Bell, Ph.D., is a licensed psychologist, specializing in clinical and forensic psychology. She received her undergraduate degree in psychology from Spelman College and her master’s and doctoral degrees in clinical psychology from Auburn University. Dr. Bell divides her professional time among all facets of clinical psychology, including individual, couples and group therapy, clinical assessments and psychological evaluations; scholarly research, and consulting. She is co-coowner of A.T.L. Psychotherapy and Consulting Services, L.L.C., in Atlanta, and her clinical interests involve children, adults and families affected by the legal system, adults coping with occupational stress, relationship counseling, and issues that impact women of color. Dr. Bell is also an associate professor in the Department of Psychology at Clark Atlanta University. Her current teaching interests are forensic psychology, the psychology of Black women, and cross-cultural psychology. Dr. Bell’s research areas include: racial and gender identity development and the relationship between discretionary power, police death and psychological symptoms, the impact of viral videos of police shootings, and strategies to ameliorate mental health for Black women. Her most recent project is a co-edited volume entitled Black Women’s Mental Health: Balancing Strength and Vulnerability.

**John Mundt**

John Mundt, Ph.D., is a clinical psychologist whose professional focus has been on trauma and PTSD for nearly 30 years. Since 1986, he has been the psychologist for the Jesse Brown VA Medical Center’s acute-care day program, with an emphasis on both crisis-focused and longer-term treatment of PTSD stemming from combat, as well as other types of trauma. Dr. Mundt, a nationally known speaker and trainer, has presented on topics gernea to trauma, veterans’ mental health issues, and professional self-care. Dr. Mundt holds a Ph.D. in clinical psychology from the University of North Carolina at Chapel Hill.

**Lore M. Dickey**

Lore M. Dickey, Ph.D., L.P., is a counseling psychologist at North Carolina Central University, a federally qualified health center in Bullhead City, AZ. His passion for advocacy developed in childhood as a civil rights activist, and his career and life experiences that led to becoming a psychologist inform his work today. This especially true of his having made a career transition from law to psychology, which he has taught more than 25 different courses, has 40 publications, and has presented in excess of 100 times throughout the world. He will receive the Distinguished Contribution to Psychology in the Public Interest Award (Early Career) in August at the American Psychological Association’s Convention in Chicago. In 2016, he founded My Bandana Project, a suicide prevention program that aims to help transgender people remain connected to others as a means of preventing suicide attempts or completions.

**PROGRAM**

**Live Location:** SIU School of Law, Carbondale, Illinois

- **7:45 a.m.** Registration, MEYER CAPEL – BREAKFAST SPONSOR
- **8:15 a.m.** Welcome and Introductions, MORNING MODERATOR: MARCI MOORE-CONNELLEY, MD, MBA Senior Vice President/Chief Medical Officer Southern Illinois Healthcare
- **8:30 a.m.** Addressing Mental Health: A Law Enforcement Perspective, TOM DART, JD, Cook County Sheriff
- **9:30 a.m.** Mental Health and Firearms: Saving Lives Without Destroying the Second Amendment, AMY SWEAVER, JD, Senior Legal Policy Analyst Edwin Meese III Center for Legal and Judicial Studies, Heritage Foundation
- **10:30 a.m.** Break
- **10:45 a.m.** Mental Health Disparities and Marginalized Populations, RAHM K. BAILEY, MD, FAPA, ACP Psychatric Assoiciates, P.A.
- **11:45 a.m.** Lunch and Panel Presentation, SANDERG PHOENIX & VON GONTARD, P.C. – LUNCH SPONSOR
- **12:15 p.m.** Understanding Moral Injury, Treatment Failure, and Combat Veterans, JOHN MUNDT, PH.D., Clinical Psychologist Jesse Brown VA Medical Center
- **2:00 p.m.** Correlates for Behavioral Wellbeing Among Women of Color, KEITH E. EMMONDS, JD, Attorney Meyer Capet
- **4:30 p.m.** Adjournment